

Clubhouse Resources In Massachusetts: Success Fest 2025

Highlighting Gratitude in Our Communities



The 36 Massachusetts Clubhouses

There are currently 36 Clubhouses in Massachusetts which are funded by the Department of Mental Health and spread throughout the state. Each city and town has a local Clubhouse that provides services to its members.

24 of these Clubhouses are Quality Accredited by Clubhouse International which was founded in 1989. Our very own Genesis Club in Worcester is an International Training Site for Clubhouses all over the world.





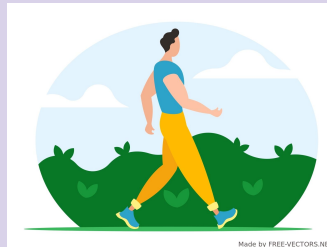
The Clubhouse Environment

A Clubhouse is a community-based service dedicated to supporting and empowering people living with mental illness. Clubhouse members choose the way they wish to participate and can attend as frequently as they would like. This is a voluntary program organized around the belief that every individual has something valuable to contribute.

Clubhouse members can recover by gaining access to opportunities for employment, socialization, education, skill development, housing and improved wellness.

Employment and Education

The Clubhouse Model facilitates three forms of paid employment in the community: Transitional Employment, Supported Employment, and Independent Employment. Clubhouse members are guided through the process of finding gainful employment using this system and are given opportunities at a pace that reflects their strengths and needs.



Find Your Clubhouse

The Massachusetts Clubhouse Coalition website will guide you to the Clubhouse in your area! Check us out:

<https://www.massclubs.org/find-your-clubhouse>





What is DRA?



In 1989, Dual Recovery Anonymous founder Tim Hamilton formed this much needed 12-Step fellowship. Modeled after Alcoholics Anonymous, DRA was designed to give participants a platform to address both their mental health needs and addiction concerns. There is no shame in recovery and no more discrimination! Participants identifying with *any* type of addiction (alcohol, drugs, smoking, shopping, food, gambling etc.) and *any* mental health challenge are welcome to attend.

That includes dual recovery supporters. Those who are not in dual recovery themselves are welcome to join in this peer-support opportunity, and may share their personal wellness tools and methods for overcoming life's challenges.



Benefits of DRA

Multiple Pathways~DRA welcomes participants with a multiple pathways approach. By valuing all forms of self-care and wellness, DRA gives its participants an opportunity to talk openly about the different recovery resources they draw from.

Strength Based~This peer support model is strength based. Unlike other 12-Step fellowships which refer to a general inventory and then more specifically to “character defects,” DRA highlights assets or strengths in the language of the Steps.

Harm Reduction~In DRA, success is defined by each participant individually. Rather than focusing exclusively on abstinence, DRA creates an opportunity for overall wellness or harm reduction.

Spiritually Respectful~Finally, DRA does not use “God” language. Instead, each participant is encouraged to personally define the Higher Power or Helping Power that guides their journey. This may include community supports or other concrete reinforcements.

Our Dual Recovery Project Opportunities Are Free!!



Thanks to MBHP, all of our programming is free to participants, including our Annual Dual Recovery Retreat hosted at Nichols College.

We hold a DRA-Certification Program twice per year in an effort to educate the community about the fellowship, bringing dual recovery partners across the state together to help coordinate and instruct this course. This four-month commitment is hosted weekly on Zoom and is approved by the Bureau of Substance Addiction Services to provide Continuing Education Contact Hours to Licensed Alcohol and Drug Counselors.

How to Find a DRA Meeting

The Massachusetts Clubhouse Coalition currently posts approximately 20 virtual DRA meetings and 40 in-person DRA meetings. These meetings are open to the public, family and supporters as well! Just check us out! www.massclubs.org

For more information contact:

Julie Sprenkle, PsyD

Dual Recovery Project Coordinator

julie.sprenkle@yahoo.com



Thank You!

For more information please contact:

Tom Coppinger

tcoppinger.mcc@gmail.com

Executive Director

Massachusetts Clubhouse Coalition

